



Icebreaker

Do you tend to think about the the journey or the destination more?

When it comes to making personal life changes, do you tend to think about the process or the goal more?

Are there any life changes that you currently think you need to make?

For the Joy

Read 2 Corinthians 4:16-17. What is that verse saying to you?

Read Hebrews 12:2-3. What was the main motivation for Jesus?

Read James 1:2-4. What is the promised result at the end of godly suffering?

Who do you know that you consider to be spiritually mature? What are their traits? As a group, make a list of some traits you admire in mature Christians.

How much hardship are you willing to endure to become like that?

Take it Home

On Sunday, I encouraged you to say “No” to your current version of you and to say “Yes” to God’s future version of you by saying “Yes” to three things:

- FASTer Spiritual Discipline
- FASTer Hardship Receptivity
- FASTer Uncertain Opportunities

What would saying “Yes” to each of those mean for you?

What difference would they make in your life?



Icebreaker

Do you tend to think about the the journey or the destination more?

When it comes to making personal life changes, do you tend to think about the process or the goal more?

Are there any life changes that you currently think you need to make?

For the Joy

Read 2 Corinthians 4:16-17. What is that verse saying to you?

Read Hebrews 12:2-3. What was the main motivation for Jesus?

Read James 1:2-4. What is the promised result at the end of godly suffering?

Who do you know that you consider to be spiritually mature? What are their traits? As a group, make a list of some traits you admire in mature Christians.

How much hardship are you willing to endure to become like that?

Take it Home

On Sunday, I encouraged you to say “No” to your current version of you and to say “Yes” to God’s future version of you by saying “Yes” to three things:

- FASTer Spiritual Discipline
- FASTer Hardship Receptivity
- FASTer Uncertain Opportunities

What would saying “Yes” to each of those mean for you?

What difference would they make in your life?